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## TGF- $\beta$ Isoforms and Receptors: A Gene Expression Analysis in Multiple Sclerosis Patients and Normal Individuals

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### Abstract:

Multiple sclerosis (MS) is a chronic inflammatory disease of the central nervous system (CNS), depicted by lymphocytic infiltration and demyelination. MS is associated with the up-regulation of pro-inflammatory and down-regulation of anti-inflammatory cytokines. The purpose of this experimental study was to evaluate the expression level of TGF- $\beta$ 1, TGF- $\beta$  2, TGF- $\beta$ -R1, and TGF- $\beta$ -R2 mRNAs in peripheral blood mononuclear cells (PBMCs) from MS patients and healthy controls using Real-Time PCR. Our findings indicated that the TGF- $\beta$ -R1 expression level was 2.25 times higher in controls than in MS patients. Also, a significant correlation between normalized expression of TGF- $\beta$ -R1 and TGF- $\beta$ 1, or TGF- $\beta$ 2 was observed. Therefore, these genes could likely play an important role in the etiology of MS.

## INTRODUCTION

Multiple sclerosis (MS) is a chronic inflammatory disease, characterized by lymphocytic infiltration and demyelination in the central nervous system (CNS) (1-3). Prognosis, diagnosis, and treatment of this disorder rely upon a greater determination of the mechanisms underlying MS onset and development (4). Inflammatory cascade and the role of different immune cells (including macrophages, natural killer cells, and certain lymphocyte populations) are two considerable factors in the etiology of this disease (5).

In MS dependent inflammatory cascade, various cytokines are up-regulated or down-regulated, including pro-inflammatory (e.g. IFN- $\gamma$ , TNF- $\alpha$ , and IL-12) and anti-inflammatory (e.g. IL-10) cytokines (6). TGF- $\beta$ , as one of the most critical anti-inflammatory factors, is secreted not only by the immune cells (mainly macrophages) but also the other non-hematopoietic cells (7). The role of transforming growth factor- $\beta$  (TGF- $\beta$ ) has been studied in several disorders, particularly in many autoimmune diseases like MS (8-10).

This cytokine is a protein present in three isoforms: TGF- $\beta$ 1, TGF- $\beta$ 2, and TGF- $\beta$ 3 (11). All of the TGF- $\beta$

isoforms could participate in the generation of chronic MS lesions (12). Mechanistically, TGF- $\beta$  signals are generally initiated through binding this factor to the heterodimer complex, composed of type I and II trans-membrane receptor serine/threonine kinase, transforming growth factor- $\beta$  receptor 1 (TGF- $\beta$ -R1) and TGF- $\beta$ -R2 (13). Thus far, several functions have been determined for TGF- $\beta$  in MS pathogenesis, including 1) suppressing the immune responses, 2) inhibiting T cells, B cells as well as many other cells, 3) inducing the production of regulatory T cells (Treg), 4) repressing leukocyte adhesion to endothelium, 5) down-regulation of adhesion molecules, and 6) sustaining a state of immune tolerance (14, 15).

With regards to the importance of TGF- $\beta$ 's role in MS pathogenesis, in this experiment, we evaluated the gene expression level of two relevant isoforms (TGF- $\beta$ 1 and TGF- $\beta$ 2) as well as receptors (TGF- $\beta$ -R1 and TGF- $\beta$ -R2) in peripheral blood mononuclear cells (PBMCs) of MS patients, in comparison with normal individuals. In addition, we investigated the correlation of the gene expressions with the expanded disability status scale (EDSS), the age of onset, or the disease length.

## METHODS AND MATERIALS

### Patient and control participants

This experimental study was conducted in the genetics Laboratory of Tarbiat Modares University (Tehran, Iran) from 2013-2014. In this research, 61 MS patients and 36 age-, race-, and sex-matched controls were recruited from Multiple Sclerosis centers at Sina Hospital (Tehran, Iran) to investigate the mRNA expression level of TGF- $\beta$ 1, TGF- $\beta$ 2, TGF- $\beta$ -R1, and TGF- $\beta$ -R2 genes. The patients were diagnosed according to the McDonald criteria. Informed consent was obtained from all human adult participants and the study was approved by the Ethics Committee of Tarbiat Modares University (ethical code: d52/6723).

### RNA extraction and cDNA synthesis

After blood collection, PBMC separation was performed using density gradient Ficoll/Paque solution (lymphocyte, Cedarlane, Netherlands) and total RNA was extracted from all patient and control samples, using RNXTM-plus reagent (Cinnagen, Iran) according to the manufacturer's protocol. The samples were subsequently reverse-transcribed into cDNA, using 3  $\mu$ g total RNA and 250  $\mu$ g oligo dT (MWG, Germany). The reaction was incubated at 70° C for 10 minutes and cooled on ice for 3-5 minutes, followed by adding an RNase inhibitor, 10 mM dNTPs, and Reverse Transcriptase (all from Fermentas, Canada) to 20 ml total volume of the reaction mixture. The mixture was ultimately incubated at 42° C and 80° C for 60-90 and 15 minutes, respectively.

### Quantitative reverse transcriptase PCR

cDNA for each sample was used to evaluate the mRNA

expression level of TGF- $\beta$ 1, TGF- $\beta$ 2, TGF- $\beta$ -R1, and TGF- $\beta$ -R2 genes using relative quantitative reverse transcriptase PCR (qRT-PCR). In this experiment, glyceraldehyde3-phosphate dehydrogenase (GAPDH) was utilized as a housekeeping gene.

Each qRT-PCR reaction was performed in a final volume of 20  $\mu$ l, using 10 ng cDNA, 2x SYBR Green I master mix (Takara, Shiga, Japan), and an appropriate primer pair set (Table S1). Thermal condition, as one-step RT-PCR, was carried out by an initial step at 95° C for 15 minutes, followed by 40 cycles at 95° C, 60° C and 72° C for 15 seconds, 30 seconds, and 30 seconds, respectively, in Applied Biosystems 7500 Real-Time PCR System (Applied Biosystems, USA). Termed cycle threshold (Ct) was determined for each sample, and the average Ct of duplicate samples was calculated.

## STATISTICAL ANALYSIS

Relative quantification data analysis was performed using an arbitrary method ( $\Delta$ Ct). The significance of differences between control and test groups was determined by an independent t-test using SPSS software (Version 20; SPSS Inc, Chicago, USA) and GraphPad Prism 5 (GraphPad Software, Inc., San Diego, USA). The correlation analysis was assessed by Pearson's correlation coefficient. A P-value of 0.05 was set as a significant threshold.

## RESULTS

In this experiment, the age of MS Patients was between 18 and 52 years, with a female to male ratio of 51:10. The control individuals were between 22–45 years of age, with a female to male ratio of 25:11. The demographic characteristics of patients are given in Table 1.

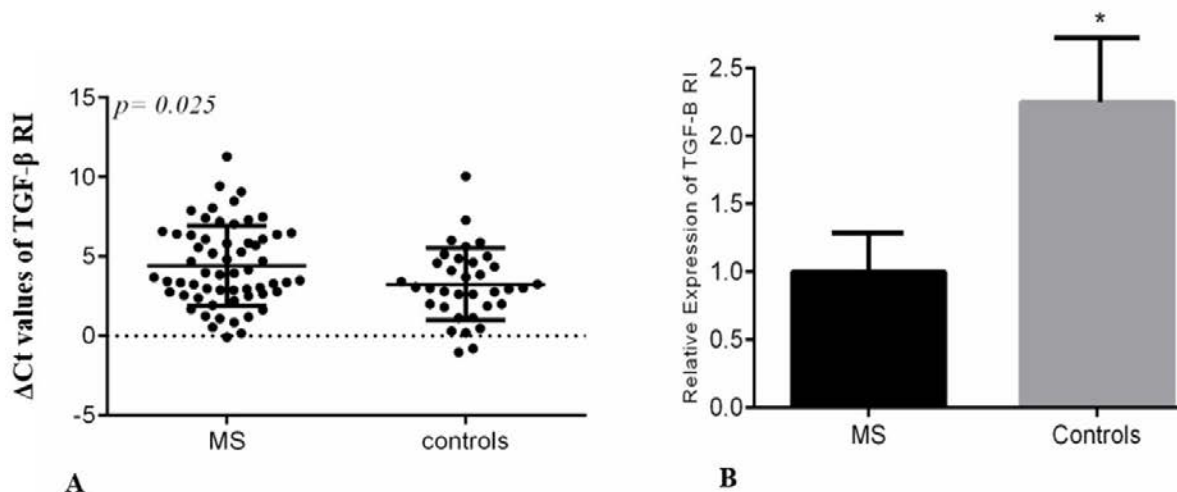


Fig.1 TGF- $\beta$ -R1 gene expression in PBMCs. A) The mRNA expression of this gene shows a significant increase in the controls compared to MS patients (2.25 times). B)  $\Delta$ Ct values in the patient and control samples. The results were normalized relative to the level of GAPDH mRNA expression.

Table 1. Demographic and disease characteristics of the MS patients and controls.

	MS Patient	Control
Number	61	31
Age (mean years $\pm$ SD)	32.54 $\pm$ 8.45	29.03 $\pm$ 6.81
RR/SP/PP	55/6/0	-
EDSS (mean $\pm$ SD)	2.45 $\pm$ 1.33	-
Disease Duration	6.42 $\pm$ 3.72	-

Table 2 Correlation between normalized TGF- $\beta$ 1, TGF- $\beta$ 2, TGF- $\beta$ -R1, or TGF- $\beta$ -R2 expression level in MS patients.

correlation	r	p-value
TGF- $\beta$ 1-TGF- $\beta$ 2	0.077	0.551
TGF- $\beta$ 1-TGF- $\beta$ RI	<b>0.292</b>	<b>0.023*</b>
TGF- $\beta$ 1-TGF- $\beta$ RII	0.164	0.216
TGF- $\beta$ 2-TGF- $\beta$ RI	<b>0.477</b>	<b>0.0001***</b>
TGF- $\beta$ 2-TGF- $\beta$ RII	0.010	0.9939
TGF- $\beta$ RI-TGF- $\beta$ RII	0.194	0.143

\*significant p-value &lt; 0.05

\*\*\*significant p-value &lt; 0.001

### Gene expression analyses in MS patients compared to the controls

Findings showed that the TGF- $\beta$ -R1 mRNA level mean was significantly increased in the PBMCs obtained from the controls compared to MS patients (2.25 times,  $p = 0.025$ ). However, no significant difference was observed for TGF- $\beta$ 1, TGF- $\beta$ 2, and TGF- $\beta$ -R2 mRNA expression levels (Fig. 1).

### Analysis of the relationship between the expression levels of genes

We investigated the correlation between mean mRNA levels of the analyzed genes. There was a significant positive association between TGF- $\beta$ -R1 mRNA level mean and TGF- $\beta$ 1, or TGF- $\beta$ 2 in MS patients, but no significant correlation was observed between the other genes' mRNA expression level mean (Table 2).

Moreover, we observed no significant correlation between the normalized expression level of TGF- $\beta$ 1, TGF- $\beta$ 2, or TGF- $\beta$ -R1 genes and disease length, EDSS scores, or age in MS patients. In contrast, data analysis showed a significant positive correlation between TGF- $\beta$ -R2 mRNA expression level and disease length in MS patients ( $r = 0.356$ ,  $p = 0.006$ ).

## DISCUSSION

TGF- $\beta$  isoforms (TGF- $\beta$ 1, - $\beta$ 2, and - $\beta$ 3) are signaling ligands that promote expression of the extracellular matrix protein components, control growth and differentiation of the epithelial cells and regulate immune cell function. Thus, the study of

the expression of TGF- $\beta$  isoforms and their receptors may be useful in determining different responses to immunomodulatory as well as combinatory therapies. Moreover, the investigation of TGF- $\beta$  isoforms offers a model for personalized medicine and precision treatment in patients with different types of cancer and neurodegenerative disorders. Curiously, TGF- $\beta$  isoforms are important due to their conservation among vertebrates and their different roles in a variety of human diseases including tissue fibrosis, cancer, and MS (15). CNS degeneration and inflammation are important causes of demyelination in MS (16). In 1998, Vincent et al. compared the expression of TGF- $\beta$ -R1 and TGF- $\beta$ -R2 by immunohistochemistry in the brain tissue of MS patients and normal controls. They determined that TGF- $\beta$  isoforms were expressed in microglial cells of the normal individuals' brain tissue. They also demonstrated that the TGF- $\beta$  isoforms and relevant receptors are expressed in MS lesions (17).

Expression profiling of the MS patients' peripheral blood showed misregulation of SMAD4, SMAD7, and TGF- $\beta$ -R2. These findings revealed that TGF- $\beta$  regulation is reduced in MS patients (18). Here, we demonstrated no significant difference in TGF- $\beta$ 1, TGF- $\beta$ 2, and TGF- $\beta$ -R2 mRNA expression levels in the MS patients compared to controls, while TGF- $\beta$ -R1 expression level was 2.25 times higher in normal subjects compared to the MS patients.

Several investigations have so far represented a difference in TGF- $\beta$ 1, TGF- $\beta$ 2, TGF- $\beta$ -R1, and TGF- $\beta$ -R2 mRNA levels in vitro and in vivo. TGF- $\beta$  over-

expression in MS patients, with little disability after thymectomy, disclosed that this protein could have a favorable effect on human diseases with autoimmune backgrounds (19). Press et al. have previously examined glial TGF- $\beta$  expression of different isoforms in 14 MS patients. Active lesions illustrated TGF- $\beta$ 2 immuno-reactivity of lesion encircling ramified microglia. On contrary, all three isoforms of this protein were expressed in the astrocytes of active white matter lesions. These results proposed that TGF- $\beta$  cytokines could be locally expressed in demyelinated cells (20).

Further investigations showed that induction of rTGF- $\beta$ 1 suppressed IFN- $\gamma$ , IL-4, IL-6, TNF- $\alpha$ , and perforin up-regulation in MS, but it had no effects on IL-10 or TGF- $\beta$  expression. The selective prohibitory effects of TGF- $\beta$ 1 on pro-inflammatory cytokines expression potentially turn it into an attractive treatment for MS disease (21).

MS patients with no or slight disability showed a high level of TGF- $\beta$  mRNA expression, while moderate or severe disability of MS patients was correlated with a high level of IFN- $\sigma$ -positive cells. Therefore, TGF- $\beta$  and IFN- $\sigma$  could have dissenting effects on MS pathology. Thus, administration of IFN- $\sigma$  inhibitors and/or TGF- $\beta$  activators might improve MS disease treatment (22).

These differences between our results and others may be due to environmental factors including Vitamin D (23) or other drugs that patients use. We formerly studied TGF- $\beta$ 1 expression in 32 patients with MS and 32 healthy controls. Our findings showed no significant change in TGF- $\beta$ 1 expression in the MS patients compared to the control group (24), suggesting that large sample size could not affect gene regulation level.

Additionally, this study evaluated the correlation between these four gene expressions in MS patients. We detected a positive link only between the expression of TGF- $\beta$ 1 and TGF- $\beta$ -R2 as well as the expression of TGF- $\beta$ 2 and TGF- $\beta$ -R1 in MS patients; however, there was no significant association between the expressions of other genes. It is proposed that TGF- $\beta$ -R1 might influence TGF- $\beta$ 1 and TGF- $\beta$ 2 expression by phosphorylating the receptor-specific SMADs and promoting a feedback mechanism. Altogether, the expression level of TGF- $\beta$ -R1 could be considered a risk factor for MS disease which might be associated with inflammatory events in such patients. Investigations have previously implicated that the heterogeneous nature of whole-blood samples may not show the optimal level of gene expressions (25, 26), revealing some limitations in this study. Hence, assessment of gene expression at protein level MS patients' sorted PBMCs could help to better understand the role of TGF- $\beta$ .

#### List of abbreviations

MS: Multiple sclerosis  
 CNS: central nervous system  
 PBMCs: peripheral blood mononuclear cells  
 EDSS: expanded disability status scale  
 TGF- $\beta$ : transforming growth factor- $\beta$   
 TGF- $\beta$ -R1: transforming growth factor- $\beta$  receptor 1

#### Declarations

This study was in accordance with the declaration of Helsinki. This study was approved by the Ethics Committee of Tarbiat Modares University. The informed consent was obtained from all the participants, and informed consent obtained was written.

#### Consent for publication

Not applicable.

Availability of data and materials

All relevant data are included in the manuscript.

Competing interests

The authors declare that they have no competing interests.

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Authors' Contributions

Z.SHF., M.B.; Performed all experiments, analyzed the data and wrote the manuscript. M.A.S.; Contributed to concept and design, manufactured the samples, and final approval of the manuscript. All authors read and approved the final manuscript.

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